

# ASTHMA IN CHILDREN

It is not always easy for parents to tell when their child has asthma. Often a cold or respiratory infection in a child causes symptoms that may be mistaken for asthma. However, if you or your spouse have been diagnosed with asthma, your children are nearly three times more likely to develop asthma.

With that in mind, here are some additional signs to watch for in your child:

- Wheezing (a whistling sound that's heard when breathing out) is often an indicator of asthma. Wheezing can also be a symptom of other lung problems. Wheezing may sometimes be difficult to hear and require a physician to detect.
- Persistent coughing, especially if combined with wheezing
- Fits of coughing or difficulty breathing during or after play
- Wheezing, coughing, or trouble breathing that interrupts sleep

If you have noticed these, or any other worrisome symptoms, be sure to tell your child's healthcare professional.

**If you would like more information on asthma, please contact Med-Cert, Inc. at 866-633-2378 (toll free) or at [www.medcertinc.com](http://www.medcertinc.com)**



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